

The passion of movement and sharing that joy with others is what led Morijah here. She graduated from UArts in 2020 with a BFA in Dance and minors in Music and Art Therapy.

After graduating she was inspired and encouraged by people around her to learn more and dive into the fitness world. Shortly after, Morijah became ABT certified in Barre. She is also a level one Franklin Method Educator where her love of efficient movement, embodied anatomy, and proper function began. Alongside that, she is also NASM GPT certified. Morijah loves being a part of an encouraging community, and can not wait to build one together through fitness here.